

- Q1.** (a) The weightlifter in the picture has lifted a weight of 2250 newtons above his head. The weight is held still.



- (i) In the box are the names of three forms of energy.

gravitational potential      kinetic      sound

Which **one** of these forms of energy does the weight have?

.....

(1)

- (ii) What force is used by the weightlifter to hold the weight still?

Size of force = ..... N

Give a reason for your answer .....

.....

.....

(2)

- (b) To lift the weight, the weightlifter does 4500 joules of work in 3.0 seconds.

Use the following equation to calculate the power developed by the weightlifter. Show clearly how you work out your answer.

$$\text{power} = \frac{\text{work done}}{\text{time taken}}$$

.....

.....

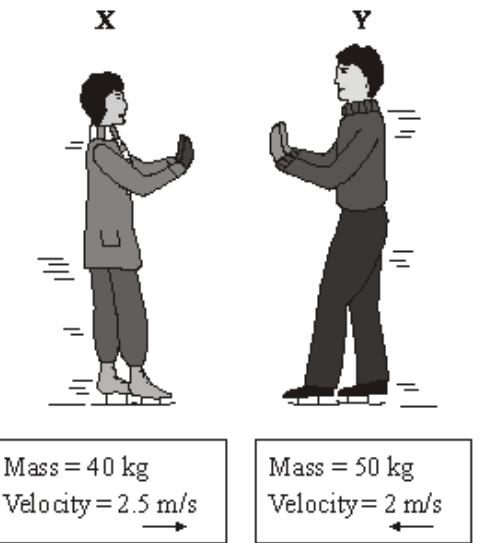
Power = ..... watts

(2)

(Total 5 marks)

- Q2.** The picture shows two children, X and Y, skating towards each other at an ice rink.

The children collide with each other, fall over and stop.



- (a) Before the collision the children had different amounts of kinetic energy.

- (i) What are the **two** factors that determine the kinetic energy of the children?

1 ..... (1)

2 ..... (1)

(2)

- (ii) What was the total kinetic energy of the children after they had fallen over and stopped?

..... (1)

(1)

- (b) The total momentum of the children before and after the collision is zero.

- (i) Use the equation in the box and the data given in the diagram to calculate the momentum of child Y before the collision.

$$\text{momentum} = \text{mass} \times \text{velocity}$$

Show clearly how you work out your answer.

.....

.....

$$\text{Momentum} = \dots \text{kg m/s}$$

(2)

- (ii) Complete the following sentence using one of the words in the box.

**conserved**

**decreased**

**increased**

The total momentum of the two children was .....

(1)

(Total 6 marks)

- Q3.** The diagram shows an adult and a child pushing a loaded shopping trolley.



- (a) (i) What is the *total force* on the trolley due to the adult and child?

.....

(1)

- (ii) Which **one** of the terms in the box means the same as *total force*?

Draw a ring around your answer.

**answer force**

**mean force**

**resultant force**

(1)

- (iii) The trolley is pushed at a constant speed for 80 metres.

Use the equation in the box to calculate the work done to push the trolley 80 metres.

**work done = force applied × distance moved in direction of force**

Show clearly how you work out your answer.

.....

.....

Work done = .....

(2)

- (b) Complete the following sentences by drawing a ring around the correct word in each of the boxes.

(i) The unit of work done is the

joule  
newton  
watt

(1)

(ii) Most of the work done to push the trolley is transformed into

heat  
light  
sound

(1)

(Total 6 marks)

- Q4.** The diagram shows a supermarket worker stacking jars of coffee onto a shelf.



- (a) The mass of each jar of coffee is 0.4 kg.

Calculate the weight of each jar of coffee.

$$\text{gravitational field strength} = 10 \text{ N/kg}$$

Write down the equation you use, and then show clearly how you work out your answer.

.....  
.....  
.....  
.....

$$\text{Weight} = \dots \text{N}$$

(2)

- (b) The distance between the floor and the middle shelf is 1.2 m.

Calculate the work done to lift one jar of coffee from the floor onto the shelf.

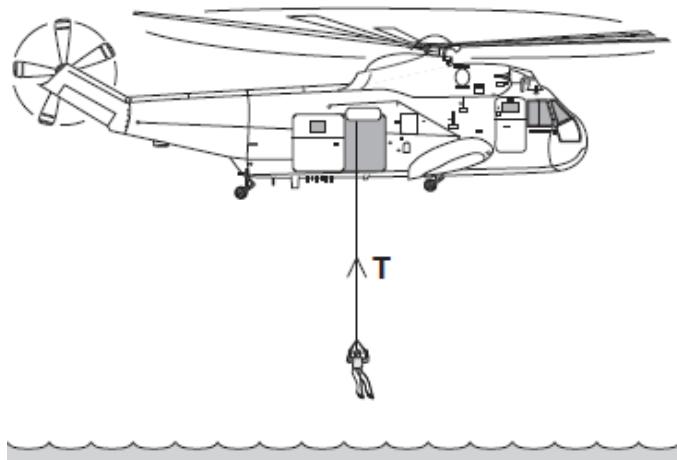
Write down the equation you use, and then show clearly how you work out your answer and give the unit.

.....  
.....  
.....  
.....  
.....

Work done = .....

(3)  
**(Total 5 marks)**

- Q5.** The diagram shows a helicopter being used to rescue a person from the sea.



- (a) (i) The mass of the rescued person is 72 kg.

Use the equation in the box to calculate the weight of the rescued person.

$$\text{weight} = \text{mass} \times \text{gravitational field strength}$$

$$\text{gravitational field strength} = 10 \text{ N/kg}$$

Show clearly how you work out your answer.

.....  
.....

$$\text{Weight} = \dots \text{ N}$$

(2)

- (ii) An electric motor is used to lift the person up to the helicopter.  
The motor lifts the person at a constant speed.

State the size of the force, T, in the cable.

$$\text{Force } \mathbf{T} = \dots \text{ N}$$

(1)

- (b) To lift the person up to the helicopter, the electric motor transformed 21 600 joules of energy usefully.

- (i) Use a form of energy from the box to complete the following sentence.

gravitational potential      heat      sound

The electric motor transforms electrical energy to kinetic energy. The kinetic energy is then transformed into useful ..... energy.

(1)

- (ii) It takes 50 seconds for the electric motor to lift the person up to the helicopter.

Use the equation in the box to calculate the power of the electric motor.

$$\text{power} = \frac{\text{energy transformed}}{\text{time}}$$

Show clearly how you work out your answer and give the unit.

Choose the unit from the list below.

coulomb (C)

hertz (Hz)

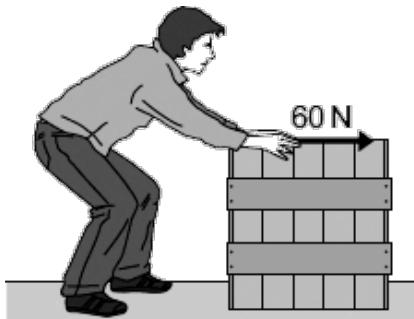
watt (W)

.....  
.....

Power = .....

(3)  
**(Total 7 marks)**

- Q6.** The diagram shows a worker using a constant force of 60 N to push a crate across the floor.



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- (a) The crate moves at a constant speed in a straight line

- (i) Draw an arrow on the diagram to show the direction of the friction force acting on the moving crate.

(1)

- (ii) State the size of the friction force acting on the moving crate.

..... N

Give the reason for your answer.

.....

.....

(2)

- (b) Calculate the work done by the worker to push the crate 28 metres.

Use the correct equation from the Physics Equations Sheet.

Show clearly how you work out your answer and give the unit.

Choose the unit from the list below.

joule

newton

watt

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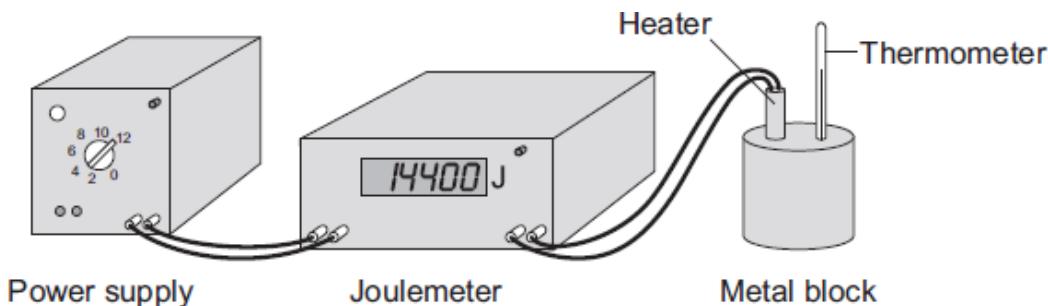
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Work done = .....

(3)

(Total 6 marks)

- Q7.** A student used an electric heater to heat a metal block. The student measured the energy input to the heater with a joulemeter.



Before starting the experiment, the student reset the joulemeter to zero. The student switched the power supply on for exactly 10 minutes. During this time, the reading on the joulemeter increased to 14 400.

- (a) (i) Calculate the energy transferred each second from the power supply to the heater.

Show clearly how you work out your answer.

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Energy transferred each second = ..... J/s

(2)

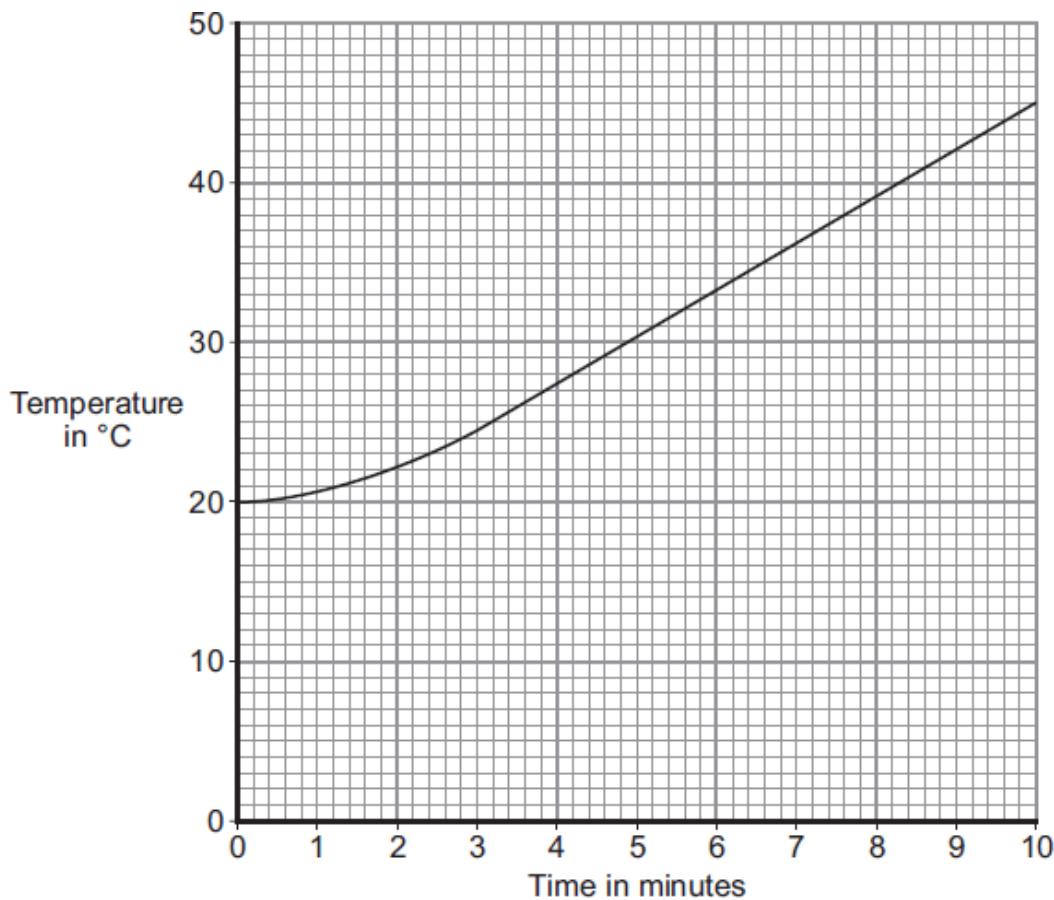
- (ii) What is the power of the heater?

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(1)

- (b) The student measured the temperature of the metal block every minute. The data obtained by the student is displayed in the graph.



- (i) What range of temperatures did the student measure?

From ..... °C to ..... °C

(1)

- (ii) Before starting the experiment, the student had calculated that the temperature of the block would go up by  $36^{\circ}\text{C}$ .

The student's data shows a smaller increase.

Which **one** of the following statements gives the most likely reason for this?

Put a tick ( $\checkmark$ ) in the box next to your answer.

The student does not read the thermometer accurately.

The block transfers energy to the surroundings.

The power supply is not connected correctly to the joulemeter.

(1)  
**(Total 5 marks)**

- Q8.** (a) The diagram shows a cricketer bowling a ball.



- (i) The cricketer bowls the ball at  $20\text{ m/s}$ .

How could the kinetic energy of **this** ball have been increased?

.....

(1)

- (ii) The ball has a mass of 0.16 kg.

Use the equation in the box to calculate the momentum of the ball when it is bowled at 20 m/s.

$$\text{momentum} = \text{mass} \times \text{velocity}$$

Show clearly how you work out your answer and give the unit.

Choose the unit from the list below.

kg m/s

m/s<sup>2</sup>

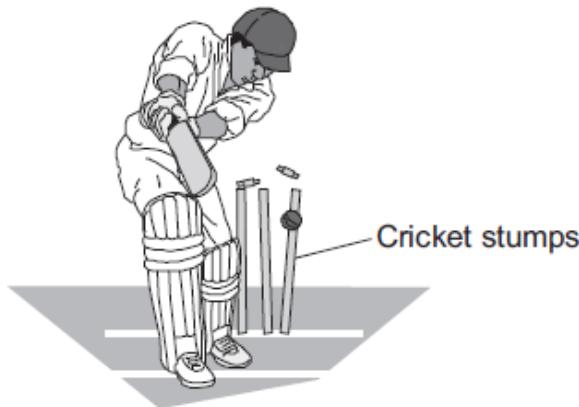
Nm

.....  
.....

Momentum = .....

(3)

- (b) The batsman misses the ball and the ball hits the cricket stumps.



As the ball hits the stumps, the ball loses both kinetic energy and momentum.

- (i) What happens to the kinetic energy lost by the ball?

.....  
.....

(1)

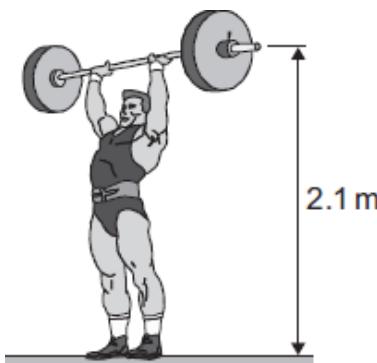
- (ii) Even though the ball loses momentum, the total momentum of the ball **and** stumps just before the ball hits the stumps is the same as the total momentum of the ball **and** stumps just after the collision.

Explain how this is possible.

.....  
.....  
.....  
.....  
.....

(2)  
**(Total 7 marks)**

- Q9.** A powerlifter lifts a 180 kg bar from the floor to above his head.



- (a) Use the equation in the box to calculate the weight of the bar.

$$\text{weight} = \text{mass} \times \text{gravitational field strength}$$

$$\text{gravitational field strength} = 10 \text{ N/kg}$$

Show clearly how you work out your answer.

.....  
.....

$$\text{Weight} = \dots \text{N}$$

(2)

- (b) The powerlifter uses a constant force to lift the bar a distance of 2.1 m.

Use the equation in the box to calculate the work done by the powerlifter.

work done = force applied $\times$ distance moved in direction of force
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Show clearly how you work out your answer and give the unit.

Choose the unit from the list below.

joule

newton

watt

.....  
.....

Work done = .....

(3)

- (c) At the end of the lift, the powerlifter holds the bar stationary, above his head, for two seconds.

How much work does the powerlifter do on the bar during these two seconds?

Draw a ring around your answer.

0

90

360

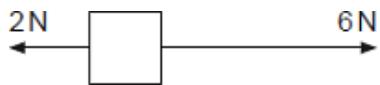
900

Give a reason for your answer.

.....  
.....

(2)  
(Total 7 marks)

- Q10.** (a) The diagram shows two forces acting on an object.



What is the resultant force acting on the object?

Tick ( $\checkmark$ ) one box.

8 N to the right

8 N to the left

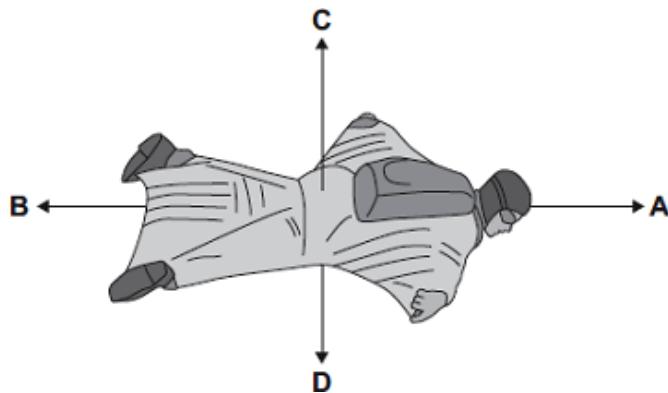
4 N to the right

4 N to the left

(1)

- (b) BASE jumpers jump from very high buildings and mountains for sport.

The diagram shows the forces acting on a BASE jumper in flight.  
The BASE jumper is wearing a wingsuit.



- (i) Draw a ring around the correct answer in the box to complete each sentence.

The BASE jumper accelerates forwards when force A is smaller than  
equal to  
bigger than force B.

The BASE jumper falls with a constant speed when force C is smaller than  
equal to  
bigger than force D.

(2)

- (ii) To land safely the BASE jumper opens a parachute.



What effect does opening the parachute have on the speed of the falling BASE jumper?

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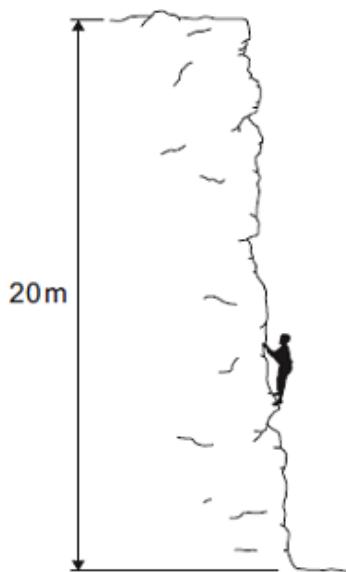
Give a reason for your answer.

.....

.....

(2)  
**(Total 5 marks)**

- Q11.** The diagram shows a climber part way up a cliff.



- (a) Complete the sentence.

When the climber moves up the cliff, the climber  
gains gravitational ..... energy.

(1)

(b) The climber weighs 660 N.

(i) Calculate the work the climber must do against gravity, to climb to the top of the cliff.

Use the correct equation from the Physics Equations Sheet.

.....  
.....

Work done = ..... J

(2)

(ii) It takes the climber 800 seconds to climb to the top of the cliff.

During this time the energy transferred to the climber equals the work done by the climber.

Calculate the power of the climber during the climb.

Use the correct equation from the Physics Equations Sheet.

.....  
.....

Power = ..... W

(2)

(Total 5 marks)

